

# Welcome to ANU



Welcome to The Australian National University (ANU). Of all the universities in the world, you've chosen to study with us, and we couldn't be more delighted to have you as part of our community.

Your degree is an extraordinary opportunity to learn – not just about the world around you, but

also about yourself and what makes you tick. Work out what you want to know more about. What matters to you? How do you want to help to change the world?

The subjects you study and the major you choose are just part of this journey. Here at the ANU you will also be surrounded by incredibly interesting people. We have students, faculty and staff from all over the world, and everyone has a fascinating story to tell.

To those of you who are only just beginning your university adventure: don't panic! You might think you are the only one feeling a little overwhelmed, but trust me, you are not alone.

This year, I too will be on a bit of journey as I start my role as the new Vice-Chancellor, so we will be in it together.

For you, Orientation Week is a great chance to find your feet. Get the life admin – like enrolling in your classes and picking up your student card – out of the way, and then go ahead and explore our campus. Say hello to people, grab a coffee at one of our excellent cafes, find a shady spot to relax and admire the colourful birdlife. Signing up for a class at ANU Sport or joining one of our many clubs and societies at Market Day can help you find new friends with similar interests. And there is a society for everyone – whether you're an anime fan, a theatre kid or a diehard Swiftie.

Whatever you are hoping to take from your time at ANU, just know that it will be so much more than you can imagine right now. Pay attention to what sparks your curiosity, try new things and don't be afraid to ask questions or seek support when you need it. We are here for you.

Good luck with the year ahead! See you in the coffee line,

**Genevieve Bell**  
Vice-Chancellor and President



# Contents

## 1. Get Started

This section covers key administrative information you need to know to start your first week at ANU.

## 2. Support and Services

At ANU, you are not on your own! This section covers various services and support that can help you succeed within your course and outside classroom.

## 3. Experience ANU

Make the most out of your time at ANU. There are so many opportunities, experiences and people for you to connect with. Find out more about life at ANU in this section.

## 4. Plan your studies

Use the planner pages on this section to help you plan for your studies. We have added select key dates to help you get organised!

## 5. Get Studying

This section is all about you. Use it for note-taking, scribbling, jotting down ideas or anything you'd like really!





# GET STARTED







# Important dates

As you transition into university life, you will no longer receive constant reminders about important deadlines from your teachers or your parents. There are important dates you need to be aware of to meet your responsibilities as a student.

## Semester 1, 2024

19 February	Semester 1 begins
26 February	Last day to add/swap Semester 1 courses on ISIS
10 March	Due date for up front payment of Semester 1 tuition fees
31 March	Semester 1 Census Date
7 April	Daylight Saving time ends
2-15 April	Semester 1 teaching break
3 May	Last day to drop Semester 1 courses without failure (WD)*
30 May-15 June	Semester 1 Examination Period
27 June	Semester 1 results released

### Orientation Week

Orientation Week is often called O-Week. You can browse O-Week events on [orientation.anu.edu.au](https://orientation.anu.edu.au)

### Semester begins

Remember to check your enrolled classes, view your timetable and access your course materials from [wattle.anu.edu.au](https://wattle.anu.edu.au)

### Last day to add courses

You won't be able to make course changes on ISIS by yourself after this date. You can add or swap courses via [isis.anu.edu.au](https://isis.anu.edu.au)

## Semester 2, 2024

22 July	Semester 2 begins
29 July	Last day to add/swap Semester 2 courses on ISIS
9 August	Due date for up front payment of Semester 2 tuition fees
31 August	Semester 2 Census Date
2-16 September	Semester 2 teaching break
4 October	Last day to drop Semester 2 courses without failure*
6 October	Daylight Saving time begins
31 October-16 November	Semester 2 Examination Period
28 November	Semester 2 results released

### Census Date

Your last day to drop courses without any financial and academic penalty, add courses (with permission) and submit any Commonwealth Assistance Form.

### University Calendar

Familiarise yourself with important dates and deadlines. Full University calendar is available online at: [anu.edu.au/directories/university-calendar](https://anu.edu.au/directories/university-calendar)

*\*dropping a course may carry academic or financial penalties depending on the time of Semester it is dropped. Please review the University Calendar to ensure you are abiding by the relevant deadlines.*

# Terms you may come across at ANU

When you start university, you are bound to come across a number of unfamiliar terms and jargon. We have put together a list of commonly used words you may be using or seeing often at ANU. For more information: [anu.edu.au/directories/university-glossary](http://anu.edu.au/directories/university-glossary)

<b>Academic advisor</b>	Member of ANU college of academic staff responsible for providing guidance to students concerning their programs and/or courses.
<b>Census Date</b>	Your last day to drop courses without any financial and academic penalty, add courses (with permission) and submit any Commonwealth Assistance Form.
<b>CSP</b>	Students with a Commonwealth Supported Place (CSP) have their tuition partially subsidised by the Australian Government. The remaining amount they have to pay is the Student Contribution.
<b>FEE-HELP</b>	A loan scheme to help eligible non-Commonwealth supported students pay their domestic tuition fees (DTF). Australian citizens and holders of a permanent humanitarian visa are eligible for Fee-HELP assistance.
<b>HECS-HELP</b>	Higher Education Contribution Scheme-Higher Education Loan Program (HECS-HELP, but often referred to as HECS) are loans to assist eligible Commonwealth supported students pay their student contribution amounts.
<b>Lecture</b>	A lecture is a large group classes which generally delivered in the form of a talk by an academic responsible for the course.
<b>Major</b>	A set of related courses which are constructed for students to achieve specified learning outcomes and require the completion of 48 units.
<b>Minor</b>	A set of related courses which are structures for students to achieve specific learning outcomes. A minor requires the completion of 24 units.
<b>OS-HELP</b>	A loan available to eligible undergraduate domestic students who undertake some of their program overseas such as through study abroad or exchange.
<b>Tutorial</b>	Tutorials are smaller classes, usually conducted weekly by tutors. They provide opportunities for students to ask questions and discuss their learnings. Most tutorials are compulsory to attend.
<b>Unit</b>	An indicator of the value of the course within the total program. Most courses are valued at 6 units. Units are used to track progress towards completing a plan. Full-time students normally undertake 24 units of courses each semester.
<b>University ID</b>	A seven digit number which uniquely identifies a student or staff member (eg u1234567). This is sometimes referred to as your “u” number or “uid”.

# Study essential

In addition to the terms and jargons above, we have also put together a list of study essential terms that you may come accross as you commence your study at ANU.

## GPA (Grade Point Average)

GPA stands for Grade Point Average. It is the average result of all grades achieved throughout your degree. Your GPA will be published on your academic transcript. You can check final course results online on ISIS after results release date at the end of the semester.

Grade	Description	GPA	Grading scale
HD	High distinction	7	80-100
D	Distinction	6	70-79
CR	Credit pass	5	60-69
P	Pass	4	50-59
PS	Pass at a supplementary exam	4	50
N	Fail	0	0-49
NCN	Not completed/Fail	0	N/A
WN	Withdrawn with failure	0	N/A



## Other grading scale

There are some exceptions to the methodology for calculating your GPA. For example, GPA is calculated differently for Bachelor of Medicine/Bachelor of Surgery (MBBS) students. For more information, scan this QR code or visit:

[anu.edu.au/students/program-administration/assessments-exams/grade-point-average-gpa](https://anu.edu.au/students/program-administration/assessments-exams/grade-point-average-gpa)





# ANU systems

When you start university, you will be using various student tools and systems to access your courses, pay fees, check your timetable, access resources and complete administrative tasks. Read this page to understand tools and systems that you will be using as an ANU student.

## ANU Email

All official ANU communications will be sent to your ANU email account. It is a university policy that students use their ANU email account when corresponding with the university. Use your **University ID** and **password** to log in. To log into your ANU email account via the web, visit: [outlook.com/anu.edu.au](mailto:outlook.com/anu.edu.au)

## Programs and Courses

Programs and Courses is a website that allows you to search for courses you need to take within your degree. You can search for majors, minors and degrees offered at ANU. You can also look for future course offerings and information. For more information, visit: [programsandcourses.anu.edu.au](http://programsandcourses.anu.edu.au)

## MyTimetable

MyTimetable is the ANU official timetabling system. You can view your timetable and sign up for tutorials using MyTimetable.

MyTimetable can be accessed here: [mytimetable.anu.edu.au](http://mytimetable.anu.edu.au)

## Zoom

Zoom is a video conferencing tool. Lecturers and tutors utilise Zoom to deliver lessons and classes online during the online-learning or distant-learning period. To log in to your ANU Zoom account, use your University ID and password here: [anu.zoom.us](https://anu.zoom.us)

## Interactive Student Information Services (ISIS)

ISIS is a system that allows you to access your personal and academic information held on the University's student system. This includes enrolment, fees and graduation details. As a student, you are responsible to ensure that your information and details are current on ISIS. To access ISIS, please go to [isis.anu.edu.au](http://isis.anu.edu.au)

## Wattle - Web Access to Teaching and Learning Environment

This is where your lecturers will upload your lecture notes, course materials, recordings and course information. Most lectures are recorded to allow students who are not able to attend to watch online recording. To log in to your Wattle account, go to [wattle.anu.edu.au](http://wattle.anu.edu.au)





# ISIS navigation tips

Did you know that you can do the following in ISIS by selecting the NavBar (compass icon) in the top right hand corner?

<b>Update addresses</b>	NavBar > Navigator > ISIS > Personal Details > Addresses
<b>Update phone numbers</b>	NavBar > Navigator > ISIS > Personal Details > Telephone Numbers
<b>View/download a program or enrolment confirmation letter</b>	NavBar > Navigator > ISIS > Academic Records > Letters
<b>View/download statement of results</b>	NavBar > Navigator > ISIS > Academic Records > Statement of Results
<b>View invoices</b>	NavBar > Navigator > ISIS > Account Details > Invoices
<b>Pay for a replacement student card</b>	NavBar > Navigator > ISIS > Account Details > Miscellaneous Purchases
<b>View a receipt for a payment</b>	NavBar > Navigator > ISIS > Account Details > View Receipts
<b>Update bank details</b>	NavBar > Navigator > ISIS > Account Details > Bank Details
<b>View eCANs*</b>	NavBar > Navigator > ISIS > Account Details > eCAN
<b>Apply for a degree transfer</b>	NavBar > Navigator > ISIS > Degree Management > Apply for Degree Transfer
<b>Update your major/minor/specialisation</b>	NavBar > Navigator > ISIS > Degree Management > Major, Minor & Specialisations
<ul style="list-style-type: none"><li>• program leave</li><li>• late withdrawal</li><li>• reduced study load and overloading</li><li>• third attempt course enrolment</li><li>• special consideration</li><li>• deferred examination</li><li>• extenuating circumstances</li></ul>	NavBar > Navigator > ISIS > Degree Management > Manage my Degree

\*A Commonwealth assistance notice (eCAN) displays the amount deferred onto a HELP Loan in a semester or session. If this is confusing, please feel free to give Student Central a call.





## POINTS OF INTEREST

### Accommodation

Student Residences	Grid	Bldg No.
Bruce Hall	5F/G	162
Burgmann College	4/D	52
Burton & Garran Hall	5E	49
Davey Lodge	2E	X001
Graduate House	3C	118
John XXIII College	4/D	51
Lincoln Lodge	2E	X002
Laura Wing	5D	S071/72
Lena Karmel Lodge	2H	X004
Toad Hall	3G/H	30
Ursula Hall	4/D	50
Warrumbul	5E	150
Warrumbul Lodge	2G	X003
Wright Hall	5F	163
SAB - Building D2	5C	164
SAB - Building D1	5C	165
SAB - Building A	5C	166
SAB - Building B	5C	168

### Visitor and Staff Accommodation

ANU Apartments	1/2D	77
Hotel at University House	2C	1
Childcare Facilities		
Acton Early Childhood Centre	2C	72
Cubby House on Campus Early Learning Centre	2B	67
Goodstart ANU	3/4G	147
Heritage Early Childhood Centre	1B	75
University Pre-School and Child Care Centre	1B	75

### Colleges

ANU College of Arts and Social Sciences	2F	13
ANU College of Asia and the Pacific	2D/E	9
ANU College of Business and Economics	3E	26C
ANU College of Engineering and Computer Science	4G	115
ANU College of Law	3D	5
ANU College of Medicine, Biology and Environment	4/F	42
ANU College of Physical and Mathematical Sciences	42	
National Security College	2B	132A
National Centre for Indigenous Studies	4E	45

### Eating Places

Atticus Coffee	3G	26C
Bigginelli Cafe at School of Music	1/2F	100
Coffee Grounds	3G	19
Go's @ Hedley Bull	2D	130
Kambri (kambri.anu.edu.au)	3F	
La Baguette Cafe	2E	105
Little Picnic	4E	46
Licensed Grocer on Balmain	3C	648
University House	2C	1
(Boffins Bar and Restaurant, Fellows Bar and Cafe)		
Vanilla Bean	4C	131

### Retail and Entertainment

Kambri (kambri.anu.edu.au)	3F	153
Cultural Centre	3F/G	100
Llewellyn Hall (School of Music)	1/2F	

### Lecture Theatres

7-11 Barry Drive Teaching Centre	2H	C007
Acton Theatre	2A/B	132
Al-Falasi Lecture Theatre	3E	127
Australian Centre on China in the World Lecture Theatre	3D/E	188A
Bob Douglas Lecture Theatre	3C	62A
Copland Lecture Theatre	2G	25
DNF Dunbar Physics Lecture Theatre	4F	39A
Engineering Lecture Theatre	4F	32
Fellows Road Law Lecture Theatres	3E	6
Finlay Theatre, KCSMR	4C	131
Forestry Lecture Theatre	4E	48
HW Arndt Lecture Theatres 1 & 2	2F	25A
Haydon Allen Lecture Theatre (The Tank)	3G	23
HC Coombs Lecture Theatre	2D	8A
Huxley Lecture Theatre	4C	56
Innovations Lecture Theatre	3C	124
Law Link Lecture Theatre	3D	7
Law Theatre	3D	5
Manning Clark Hall	3F	153
Miller Theatre, (Old Canberra House)	2A/B	73
Molonolo Theatre	2A/B	132
Robertson Lecture Theatre	4E	46E
SRES Lecture Theatre	4E	48A
Weston Theatre	2A/B	132

### Libraries

Art and Music Library	2E	105
Chiffley Library (Humanities and Social Sciences)	3F	15
Harcock Library (Science and Technology)	4F	43
Menzies Library (Asia - Pacific)	3D	2
Law Library	3D	5

### Student Associations

ANU Students' Association	3F	154
Postgraduate & Research Students' Association	3F	154

# Campus Map

68	3 Liversidge Street
69	5 Liversidge Street
70	7 Liversidge Street
71	28 Balmain Crescent
71T	28 Balmain Transportable
72	22 Balmain Crescent
73	Old Canberra House
73A	Old Canberra House Block A
74	HRC/CCR Annex
75	Lennox House Block A
75D	Lennox House Block D
75E	Lennox House Block E
75F	Lennox House Block F
75G	Lennox House Block G
75H	Lennox House Block H
75I	Lennox House Block I
76	Acton Underhill
77	University Accommodation Services
77A	27 Brian Lewis Crescent
78	Liversidge Court
81	14 Liversidge Street
82	Boat Shed
88	South Oval Pavilion
90	Churchill House
95	Fulton Muir Building
99	Baldessin Parking Station
100	School of Music - (Llewellyn Hall)
101	9 Liversidge Street

2B	105	School of Art
2C	105B	School of Art Transportable
2C	106	Dickson Precinct Parking Station
2C	108	Computer Science & Information Technology Building
2C	109	Kingsley Street Parking Station
2C	110	Baldessin Precinct Building
2A/B	113	Jaeger 5
2B	115	Brian Anderson Building
2B	116	Gould Building
1A/B	117	Hugh Ennor Building
1B	120	Sir Roland Wilson Building
1B	121	Peter Karmel Building
1B	122	WK Hancock Building - East Wing
1A/B	124	Anthony Low Building
1A	125	Jaeger 7
1A	126	Judith Wright Court
2B	127	Centre for Arab and Islamic Studies
1/2D	128	8 Liversidge Street
2C/D	130	Hedley Bull Building
2C	131	John Curtin School of Medical Research, 131A, 131B
2C	132	J G Crawford Building
4G/H	132A	GJ Yeend Wing
4D	133	West Whitten Building
2C	134	Linnaeus Building
4G/H	135	Central Park
2F	136	Science Teaching Building
1/2F	137	Chemistry Building
2C	138	Chemistry Building

2E	142	Jaeger 8
2E	143	National Computational Infrastructure
5D	145	Hanna Neumann Building
4G	146	Goodstart ANU
2G	147	Goodstart ANU
2E	153	Cultural Centre
3B	154	Di Riddell Student Centre
4G	155	Marie Reay Teaching Centre
5E	156	Health and Well-Being Centre
3D	160	Research School of Physics and Engineering
1D	167	Yulemburuk Village Hall
1/2F	167A	SAB - Bike Shed A
4F	167B	SAB - Bike Shed B
3C	188	Australian Centre on China in the World
3C	X005	121 Marcus Clarke
C007		7-11 Barry Drive

3C	
4C	
4F/G	
3/4G	
3F/G	
2G	

# Campus facilities

ANU offers various facilities and amenities to support student learning and activities. Take advantage of facilities on campus and experience university to the fullest. Below are some examples of facilities you can access on campus.

## High-speed internet

ANU Secure is the University's campus-wide wifi network connecting staff and students to free high speed internet. You can connect to ANU Secure by logging in with your **University ID** and **password**.

## Books, printing and e-resources

ANU has five library branches offering a variety of facilities and services, including study spaces, computers, printers and scanners. You can also borrow books, access e-resources, book group study rooms and video recording studios. For more information about ANU libraries, visit: [anulib.anu.edu.au](http://anulib.anu.edu.au)

## Medical and pharmacy

The ANU Medical Centre provides you with access to a comprehensive range of health services including bulk-billed general practitioners, minor surgical procedure, psychologist appointments, general health check-ups, immunisations and much more. A pharmacy is also available on campus

To make an appointment and for more information on medical services, visit:

- ④ [anu.edu.au/students/contacts/medical-services](http://anu.edu.au/students/contacts/medical-services)
- ④ Level 2 of the Health and Wellbeing Centre (Building 156) in Kambri

## Eat, drink, shop

There are various restaurants and cafes on campus catering to different dietary requirements. A grocery store and a number of specialty shops are available on campus. For the full list of stores on campus, visit: [kambri.com.au/eat-drink-shop](http://kambri.com.au/eat-drink-shop)

## Gym, swimming pool and fitness

ANU hosts various fitness and wellness facilities including 2 gyms (ANU Sport Fitness Centre and Club Lime ANU), a swimming pool, fitness classes, soccer fields, basketball courts and indoor rock climbing wall. Sports clubs and activities are also available for students to join. Select ANU Sport fitness classes are available for free through ANUSA.



ANU Acton campus is located in the heart of Canberra city. If none of these facilities and amenities piqued your interest, the Canberra Centre Shopping Mall is less than 2 km away from Kambri, ANU. The centre hosts a number of big retail chains including grocery stores, restaurants, major-brand retail clothing stores, homeware and more.



2.

# SUPPORT & SERVICES





# Services for students

In addition to our state-of-the-art facilities, ANU also offers various services and support for students. Many of the services below are aimed to help you develop skills and experience University life beyond text-book learning. All services mentioned below are open to all ANU students and are also free of charge.

## Academic Colleges

Most Academic Colleges hold consultation and drop-in sessions to assist students with academic-related enquiries. An academic advisor will be there to answer your question or direct you to the right department for your enquiry. Refer to your Academic College/s' websites for updated hours and schedule.

🌐 [anu.edu.au/about/academic-colleges](http://anu.edu.au/about/academic-colleges)

## Academic Skills

ANU Library Academic Skills helps students develop skills and strategies to meet their academic goals. They offer free training, resources and advice for ANU students, including one-to-one appointments that provide personalised advice for writing or study related issues. Academic Skills also offers workshops on referencing, thesis formatting, research skills, English conversation and more.

To book an appointment, register for a workshop, or view the online resources, visit the Academic Skills website.

✉️ [academicskills@anu.edu.au](mailto:academicskills@anu.edu.au)

🌐 [anu.edu.au/academicskills](http://anu.edu.au/academicskills)

📘 [facebook.com/ANUAcademicSkills](https://facebook.com/ANUAcademicSkills)

## Accessibility

The Accessibility team supports students whose participation in academic studies is impacted by physical and learning disabilities, mental health conditions, chronic medical conditions and short term illnesses/conditions. We also support carers and elite athletes.

✉️ [access.inclusion@anu.edu.au](mailto:access.inclusion@anu.edu.au)

🌐 [anu.edu.au/students/contacts/accessibility](http://anu.edu.au/students/contacts/accessibility)

## ANU Chaplaincy

Chaplaincy service is provided by a team of multifaith chaplains, including members of Anglican, Catholic, Muslim, Baptist, Hindu, Jewish, Bahá'í and Humanist traditions.

If you are seeking spiritual support or wish to speak to someone in private, the chaplains can assist you in this area.

✉️ [chaplaincy@anu.edu.au](mailto:chaplaincy@anu.edu.au)

## ANU Careers & Employability

Find out what you need to do now to prepare yourself for your future career. Work with us to understand your personal development needs, how to job search, access employers and employment opportunities and succeed in applications and interviews.

Visit us on Floor 1 of Haydon Allen, 22 University Avenue.

✉️ [careers@anu.edu.au](mailto:careers@anu.edu.au)

🌐 [careers.anu.edu.au](http://careers.anu.edu.au)

📘 [facebook.com/ANUCareers](https://facebook.com/ANUCareers)

## Global Programs

Global Programs provides opportunities for ANU students to study overseas as part of their ANU degree. There are many credit bearing opportunities such as 4-6 weeks short programs overseas, semester-length exchange programs, study abroad, a year in Asia and many other opportunities.

✉️ [global.programs@anu.edu.au](mailto:global.programs@anu.edu.au)

🌐 [anu.edu.au/globalprograms](http://anu.edu.au/globalprograms)

📘 [facebook.com/anuglobalprograms](https://facebook.com/anuglobalprograms)



## Student Central

Student Central can assist with enquiries relating to student administration, support services and pointing you in the right direction for academic advice. Just a few examples of what Student Central can help you with include: general enquiries, how to enrol, fee questions, timetabling and graduation enquiries.

✉ [student@anu.edu.au](mailto:student@anu.edu.au)

🌐 [anu.edu.au/students/contacts/  
student-central](http://anu.edu.au/students/contacts/student-central)

☎ +61 2 6125 3339

## UniSafe & ANUOK

Making sure you are safe when you are on campus is a key priority for ANU. ANUOK is a mobile app providing access to a range of services that ANU UniSafe offers.

Students can request a security escort, a virtual walk home or access resources, including the Counselling Centre or a health service.

In the event of emergency on campus, if life-threatening, please call 000. Then, contact UniSafe on 02 6125 2249.



Scan the QR code  
for more information  
and to download the  
ANUOK app.

## Surveys at ANU

As a student, you will be invited to participate in ANU Standard Surveys. Surveys help us to listen to our community and provide us with insight to inform decisions we take. Surveys are managed by ANU Institutional Research.

### ANU Welcome and Check-in Survey

New students: these surveys will ask for your feedback about your experience of orientation and transition to University life

### Residential Life Survey

Students living on campus: this survey asks for feedback about living in ANU residences.

### SELT Survey

Students: this survey asks for feedback about your classes and teachers during session.

### Student Experience Survey

Coursework students: this survey asks higher education students in Australia about their experience and is run by the Social Research Centre on behalf of the Australian Government

✉ [evaluations@anu.edu.au](mailto:evaluations@anu.edu.au)



Scan the QR code  
for more information  
on surveys and  
feedback at ANU.





# Mental health and wellbeing

Embarking on your new university experience can be exciting yet daunting. You may feel overwhelmed, nervous or even uncomfortable while you are adjusting to your new environment. Find out more about support and resources available at ANU to help you manage your mental health and wellbeing.

## What is mental health and how does it affect me?

Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices (taken from [mentalhealth.gov/basics/what-is-mental-health](https://mentalhealth.gov/basics/what-is-mental-health)).

## Is this something I should be embarrassed about?

No, it is important that you take care of yourself! It is also important to take action and find good support so that you can feel more settled in your new environment.

On arrival in a new country or city, it is common for people to experience culture shock. New experiences can make people feel overwhelmed and homesick. Emotions such as sadness, loneliness, fear, tiredness and confusion can be normal, though at other times you may feel hopeful, pleased, excited, independent and confident.

As an ANU student, you have access to a range of free services to support your health, mental health and wellbeing. For more information, visit: [anu.edu.au/students/health-safety-wellbeing](https://anu.edu.au/students/health-safety-wellbeing)



# Mental health support services

## Student Safety and Wellbeing

The Student Safety and Wellbeing team provides confidential support for students experiencing a range of issues that can impact on their university experience and academic engagement.

Case Managers in the team have expertise in health, social work, human services, and counselling. This means that the team can provide students with individualised and coordinated support to promote holistic wellbeing and safety.

✉ [student.wellbeing@anu.edu.au](mailto:student.wellbeing@anu.edu.au)

🌐 [anu.edu.au/students/health-safety-wellbeing](https://anu.edu.au/students/health-safety-wellbeing)

## ANU Counselling

ANU Counselling is a free, confidential and non-diagnostic service available to all currently enrolled ANU students. They promote, support, and enhance mental health and wellbeing within the ANU community.

Students can book in with a psychologist or social worker for counselling support. In addition to one on one clinical support, ANU Counselling offers a range of group focused programs and links to updated mental health resources on the website.

✉ [counselling.centre@anu.edu.au](mailto:counselling.centre@anu.edu.au)

🌐 [anu.edu.au/students/health-safety-wellbeing](https://anu.edu.au/students/health-safety-wellbeing)

☎ +61 2 6125 2211

## Who can I call for support?

If you're not feeling okay, or just want to talk to someone about something that's going on for you at the moment, there are a number of support options that you can access.

## 24/7 ANU Wellbeing and Support Line

Call 1300 050 327 or text 0488 884 170

## Sexual Violence Support

- **1800 RESPECT**  
1800 737 732 (Available 24/7)
- **Canberra Rape Crisis Centre**  
02 6247 2525 (Available 7am–11pm daily)
- **ANU Student Safety and Wellbeing**  
[student.wellbeing@anu.edu.au](mailto:student.wellbeing@anu.edu.au)

## General Support Services

- **Lifeline**  
13 11 14 (available 24/7)
- **QLife**  
1800 184 527 (3pm–12am every day)
- **ANU Counselling and Wellbeing**  
02 6125 2211  
(Available weekdays: 8am–5pm)
- **Australian Federal Police**  
(000 for emergencies, 131 444 for non-urgent police assistance)

## More Resources

[anu.edu.au/students/health-safety-wellbeing](https://anu.edu.au/students/health-safety-wellbeing)

# Financial assistance

Depending on your circumstances, there are a number of financial support options that you might be eligible for. If you are a domestic student, you can also explore financial support options provided by the Australian Government.

## Higher Education Loan Program (HELP)

The Higher Education Loan Program (HELP) allows you to defer your payment of university course (HECS) or student amenities (SA) fees until your income is above a minimum repayment threshold.

## Services Australia

Services Australia supports Australians by delivering accessible services and payments on behalf of the government. They can assist with a range of services, including Youth Allowance. Youth Allowance is financial help you may be eligible for if you are 24 years old or younger, studying full-time, independent, or living away from home to study, or temporarily unable to study.

## Accommodation bursaries

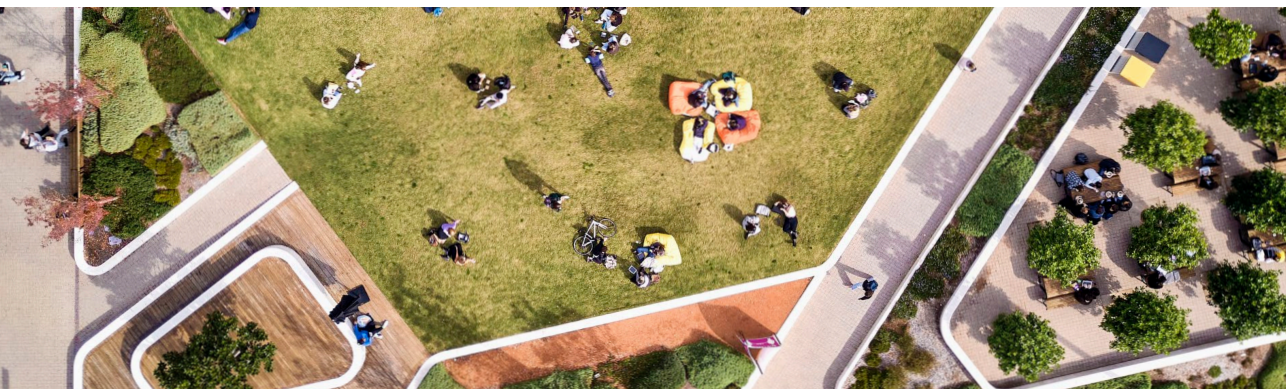
ANU accommodation bursaries are designed to assist full time ANU students, established in permanent accommodation, who are experiencing unexpected financial hardship. Priority may be given to students nearing the end of their studies and needing assistance to complete. All applications are considered by a committee and lodging an application does not guarantee a bursary will be awarded.

## Scholarships and grants

In addition to the financial support options above, there are also scholarships and grants offered by ANU. Availability changes as more grants and scholarships are added each year. For updated list of ANU scholarships and grants, please refer to: <https://www.anu.edu.au/study/scholarships/find-a-scholarship>

## ANUSA grants and programs

Students can experience unforeseen situations and experience financial challenges during their time at ANU. To assist students in such situations, ANUSA offers a range of grants and programs to eligible students which are not required to be paid back. More info can be found on the ANUSA webpage here: [anusa.com.au/welfare/financial/grants/](https://anusa.com.au/welfare/financial/grants/)



# Information for international students

This section will provide you with more information about your responsibilities and rights as a student visa holder at ANU. It is important to fulfill responsibilities stated on your visa to lawfully stay in Australia. At ANU, the Academic Standards & Quality Office (ASQO) ensures that the University is acting in accordance with relevant legislation.

## What are some of my student visa responsibilities?

- You must complete your program within the duration of your program at a full-time load, as stated on your Confirmation of Enrolment (CoE).
- Satisfy Academic Progress requirements and comply with all conditions of your visa.
- Inform ANU of your Australian residential address, mobile phone number, email address and who to contact in emergency situations within 7 days of arriving in Australia. You can add and modify your contact details through [isis.anu.edu.au](https://isis.anu.edu.au)
- Have valid Overseas Student Health Cover (health insurance designed to help you cover the costs of medical and hospital treatment) for the duration of your visa.
- Must maintain an active CoE while studying in Australia.

## Can ANU cancel my student visa?

ANU does not grant or cancel your visa. ANU reports changes to your enrolment status to the Government, monitors enrolment to ensure compliance with certain student visa conditions and provides you with a CoE to apply for a student visa.

The Department of Home Affairs has the authority to issue and cancel visas. If you have specific questions and concerns about your visa or your entitlements, contact the Department of Home Affairs directly: [homeaffairs.gov.au/help-and-support/contact-us](https://homeaffairs.gov.au/help-and-support/contact-us)

## ANUSA Legal Service:

ANUSA offers a free and confidential legal service to undergraduate students at the ANU, including visa advice. More information can be found here: [anusa.com.au/services/legal/](https://anusa.com.au/services/legal/)



### Check your visa condition online with VEVO

VEVO allows visa holders to check their visa entitlements and conditions online. You can use VEVO to send proof of your visa to others, for example your future employers, landlords, government and other institutions. For more information, visit Home Affairs's website.



## What happens if I drop to part-time study?

You are expected to complete your program within the dates listed on your CoE. The program start and end dates listed on your CoE corresponds with how long it will take to complete your program as a full-time student.

If you reduce your study load, you will not be able to complete your program at the standard full-time load (24 units per study period) meaning that you may not be able to complete your program prior to your visa expiring. There are limited situations and circumstances in which you may be able to modify your study load.



Scan the QR code for more information on reducing your study load as an international student. Alternatively, you can also visit:

[anu.edu.au/students/program-administration/program-management/reducing-your-study-load-as-an-international](https://anu.edu.au/students/program-administration/program-management/reducing-your-study-load-as-an-international)

## Can I extend the program duration on my eCoE?

There are limited situations and circumstances in which you may be allowed to have an extended study duration on your electronic Confirmation of Enrolment (eCoE). In most cases you will receive a new Confirmation of Enrolment for this extension. Circumstances where you may be eligible:

- Compassionate or compelling circumstances (e.g. documented medical illness, documented death in the family etc.). Evidence is required with any application under compassionate and compelling grounds.
- Where a formal early intervention has been implemented for students at risk and this has resulted in the University recommending a reduced study load.
- Where an approved deferment or suspension of study (Leave of Absence) has been granted.
- If you have failed a course and will be unable to complete your program within the duration of your current eCoE (subject to approval from your Academic College).



Scan the QR code for more information on requesting for eCoE extension. Alternatively, you can also visit:

[anu.edu.au/students/program-administration/program-management/ecoe-extension](https://anu.edu.au/students/program-administration/program-management/ecoe-extension)

## Does ANU report on International Students to the Government?

ANU must report information about international student visa holders to the Commonwealth Government. By law, the University must report breaches of your student visa conditions, including on the following:

- Non-enrolment
- Failure to satisfy course academic progress requirements
- Misbehaviour by a student
- Non-commencement of study
- Non-payment of tuition fees
- Withdrawal from study



### Information and Resources

Scan the QR code for further information on visa holder requirements, resources and services available for international students at ANU. Alternatively, you can also visit: [anu.edu.au/internationalstudents](https://anu.edu.au/internationalstudents)





# EXPERIENCE ANU









# Campus and student communities

There are many communities available to you beyond the classroom or hall of residence, here are just a few available for you to explore.

## First-Year Experience

The First-Year Experience (FYE) program is your pathway to discover yourself, find your people, and get the most out of your ANU experience.

FYE Peers are new domestic, undergraduate students who are from rural and remote, low-income/low-SES, and refugee backgrounds, or the first in their family to attend university.

As a FYE Peer, you will have the opportunity to share your rich knowledge and skills, form a strengths-based community, and lead your own transition to ANU through fun student-led events, tailored enrichment workshops, and participatory projects.

✉ [firstyear@anu.edu.au](mailto:firstyear@anu.edu.au)

🌐 [anu.edu.au/students/student-life/student-communities/first-year-experience-program](https://anu.edu.au/students/student-life/student-communities/first-year-experience-program)

## ANU+

The ANU+ Award is a program that formally recognises your experience and contribution achieved through volunteering. It encourages you to give back to the community, to develop skills related to your employability prospects and to reflect on your co-curricular experiences to gain a deeper understanding of yourself and the world around you.

✉ [anuplus@anu.edu.au](mailto:anuplus@anu.edu.au)

🌐 [anu.edu.au/anuplus](https://anu.edu.au/anuplus)

📘 [facebook.com/anuplus1](https://facebook.com/anuplus1)

## ANU Ally Network

The ANU Ally Network is a network of staff and students across ANU who promote understanding and awareness of issues in the lesbian, gay, bisexual, transgender, intersex and queer (LGBTIQ+) community, as well as being a network of support for people who identify as LGBTIQ+. To join the Ally Network, you have to complete a specific training session. Free ally training for ANU students is offered several times throughout the year.

✉ [ally@anu.edu.au](mailto:ally@anu.edu.au)

📘 [facebook.com/ANUALLIES](https://facebook.com/ANUALLIES)

## ANU Community Connect

ANU Community Connect provides a food relief service for students experiencing food insecurity. In 2024, the program plans to focus efforts on collaborating with other university teams to rescue and redistribute food on campus, reduce food waste and contribute towards the university's sustainability goals.

✉ [student.life@anu.edu.au](mailto:student.life@anu.edu.au)

🌐 [anu.edu.au/students/student-life/student-communities/anu-community-connect](https://anu.edu.au/students/student-life/student-communities/anu-community-connect)





## Griffin Hall

Griffin Hall offers students living off campus the opportunity to engage in a dynamic and connected university experience. Griffin Hall coordinates a huge range of activities, including social and community events. There are teams of later-year students to provide academic and career support, as well as peer support and much more. For more information about member benefits and fees, please visit the website below.

- ✉ [griffinhall@anu.edu.au](mailto:griffinhall@anu.edu.au)
- 🌐 [anu.edu.au/griffinhall](http://anu.edu.au/griffinhall)
- 📘 [facebook.com/griffinhall.anu](https://facebook.com/griffinhall.anu)

## The Kitchen Garden

The Kitchen Garden is a cooperative community offering a co-ordinated program to create opportunities for students to build gardening, cooking, social skills and connections through engaging in workshops in our community gardens.

- ✉ [student.life@anu.edu.au](mailto:student.life@anu.edu.au)
- 🌐 [anu.edu.au/students/student-life/student-communities/kitchen-garden-program](http://anu.edu.au/students/student-life/student-communities/kitchen-garden-program)

## Student Research Conference

The ANU Student Research Conference (SRC) is an annual conference open to students from all academic disciplines. The conference is intended for undergraduate, honours and masters by coursework students at ANU. Students can get involved in the conference as presenters or as co-designers.

- ✉ [src@anu.edu.au](mailto:src@anu.edu.au)
- 🌐 [anu.edu.au/students/student-life/student-experience-research/anu-student-research-conference](http://anu.edu.au/students/student-life/student-experience-research/anu-student-research-conference)

## Tjabal Centre

The Tjabal Indigenous Higher Education Centre provides a meeting place and support-base for Aboriginal and Torres Strait Islander students studying at ANU.

- ✉ [tjabal.centre@anu.edu.au](mailto:tjabal.centre@anu.edu.au)
- 🌐 [anu.edu.au/students/contacts/tjabal-indigenous-higher-education-centre](http://anu.edu.au/students/contacts/tjabal-indigenous-higher-education-centre)

# ANU Student's association (ANUSA)

ANUSA is a student association for all students at ANU. When you become a student at ANU, you are automatically a member of ANUSA. The teams of staff and student representatives provide a range of programs, activities and advocacy for students. Student representatives are selected through annual elections open to all students.

## Student assistance and welfare

Student Assistance Advisors can provide advice, support and assistance for a range of student welfare issues, including:

- Accommodation
- Financial Hardship
- Academic matters and assessment support
- Disciplinary Inquiries
- Sexual assault and harassment reporting
- External Referrals
- Meal Vouchers

ANUSA runs the Brian Kenyon Student Space (BKSS) on the second level of the DI Riddell Building in Kambri. The BKSS offers free breakfast, lunch and dinner. The BKSS has microwaves, a zip tap, snacks, tea and coffee, all for free! Come in, relax, study or socialise!

## Social

ANUSA runs various social events and activities throughout the year including O-Week and Bush Week programs. ANUSA also administers the clubs and societies program.

There are over 150 student clubs and societies on campus catering to various interests. Joining is an excellent way to make new friends and get involved on campus.

Want to know more about clubs and societies? Visit clubs and societies during Market Day, which is held on the Wednesday of O-Week. You can also find the full list of clubs here: [anusa.com.au/life/clublist](https://anusa.com.au/life/clublist)

## Advocacy

ANUSA represents and advocates for students in a variety of ways, including:

- Representation on university committees
- Consulting on changes that impact the student experience
- Advocating for individual and cohorts of students

In addition, ANUSA also has seven autonomous departments representing marginalised groups of our community. ANUSA Departments have a long history of organising against discrimination and inequality and running campaigns in the University community.

## Legal

Free and confidential legal services are available for all ANU students. ANUSA can help with legal issues covering tenancy, migration, visa, employment rights and general visa advice.

## Contact ANUSA

✉ [sa.admin@anu.edu.au](mailto:sa.admin@anu.edu.au)

🌐 [anusa.com.au](https://anusa.com.au)

📘 [facebook.com/ANUStudentsAssociation](https://facebook.com/ANUStudentsAssociation)

📍 Level 2, Di Riddell Student Centre (building 154) Kambri, University Avenue, Canberra ACT



# Get involved at ANU

Now that you have learned about the available support, communities, and services at ANU, it's time to learn about how you can get involved and make the best out of your time as a student!

## Clubs and societies

There are over 150 student clubs and societies on campus catering to various interests. Joining is an excellent way to make new friends as well as get involved in campus life.

### How do I join clubs and societies?

Clubs and Societies will usually have stalls at Market Day. Market Day is typically held on the Wednesday of Orientation Week. You can sign up for their memberships on the day. Most will run welcoming events at the beginning of the semester and events will be advertised online. For more information about Clubs and Societies: [anusa.com.au/life/clublist](https://anusa.com.au/life/clublist)

## Residential Hall activities

If you live on campus, your Residential halls will host a range of activities in various fields for residents including sports and music and arts.

### What if I don't live on campus?

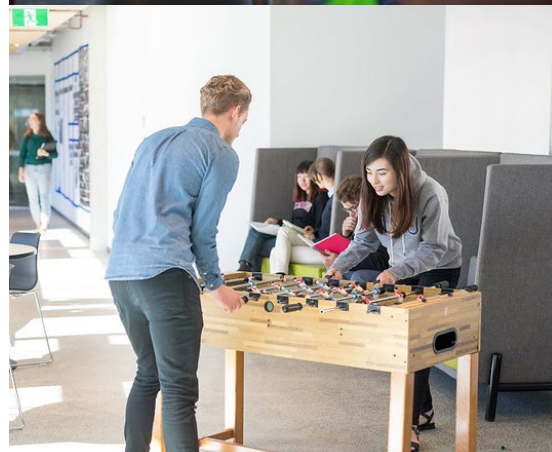
If you live off campus but would like to experience residential hall community, events and benefits, you can join Griffin Hall. Look through the campus and student communities section of this book for more information.

## Student leadership and government

There are many leadership and volunteering roles available at ANU. You can be involved in a student committee, volunteer, become a student representative and organise events through ANUSA, Clubs and Societies, the ANU+ Award or your College.

### How do I become a student leader or join student government?

Volunteering for various events is a great start to gain experiences. Once you have enough experience, you can apply for leadership roles advertised on campus and online. You can also run campaigns to be elected as a student representative under ANUSA.





4.

# PLAN YOUR STUDIES







# GET STUDYING





